

Service Offered

1. Pre & Post Op Rehab / Orthopedics / Sports Medicine (all ages)

- Total Joint Replacement
- Arthroscopic knee, hip, and elbow surgeries
- Rotator cuff / labral tears and shoulder injuries rehab
- Rehab knee, elbow, wrist, hand, spine, hip, ankle, and foot
- Ligament & tendon sprains, strains, repair, and transfers
- Tendonitis & bursitis
- Nerve releases
- Neck / back surgeries
- Nerve compression releases
- Bone / joint fusion
- Surgical fixation of fractures
- Muscle / joint injuries and disorders
- Tennis, Golf, Running, Cycling, Pickleball & recreational sports injury rehab
- Acute, chronic rehab
- **And more!**

2. Pain Management

- Back pain and sciatica
- Headache and neck pain
- Shoulder, hip, and knee pain
- Hand, wrist, and elbow pain
- Foot and ankle pain
- Cranial and facial pain
- Neurological dysfunction
- Lumbar sprains / strains
- Herniated / bulging disc (HNP)
- Degenerative disc disease (DDD)
- Spinal stenosis
- Facet pain
- Spondylosis
- Spondylolisthesis
- Arthritis
- Osteoporosis
- Compression fractures
- TMJ
- **And more!**

3. Balance and Vertigo

- Dizziness
- BBPV
- Central nervous system disorders
- Neuropathy
- Age-related balance dysfunction
- Oculomotor (visual) dysfunction
- Labyrinthitis
- Meniere's disease
- Muscle atrophy
- Gait training
- Nerve injuries
- Peripheral Neuropathy
- Headaches
- **And more!**

4. Geriatric Services

- Rehab program to help increase:
 - strength
 - endurance
 - motion
 - balance
 - coordination
- Age-Related Changes
- Deconditioning
- Functional Activities
- ADL training
- **And more!**

5. Work -Related Injuries

- Complete rehab services available
- Return to work program
- Standardized Testing
- **And more!**

6. Neurological & Rehab Services

- Stroke recovery
- Traumatic Brain Injury
- Cancer
- Diabetes
- Multiple Sclerosis
- Functional Training
- **And more!**